



**WE'RE PARTICIPATING in**  
**the IT'S TIME TEXAS**

# COMMUNITY CHALLENGE

Sign up to win individual prizes and earn points for every healthy choice you make to help our community win!

**Pre-registration begins October 8**

## HOW IT WORKS



### REGISTER OCT 8

@ [ittcommunitychallenge.com](http://ittcommunitychallenge.com) to earn bonus points and receive all kinds of fun tips & resources!

### THEN STARTING JANUARY 7



### UPLOAD PHOTOS

every day of healthy eating, exercise, and physical activity.



### SUBMIT ACTIVITIES

through the fitness tracker on the website.



### EARN POINTS

for your community and encourage others to register!

**REGISTER AT [WWW.ITTCOMMUNITYCHALLENGE.COM](http://WWW.ITTCOMMUNITYCHALLENGE.COM)**