



# Regional Workshop Agenda

Galveston County, June 16th, 2022

## 10:00 – 10:20 AM | Welcome

Dr. Amy McGeady, PhD, CEO of It's Time Texas

## 10:20 – 10:30 AM | Networking

Who's in the room?

## 10:30 – 11:05 AM | Panel Discussion

Nourishing a Spirit of Transformation

### Speakers:

- Kenshara Cravens, Founder & CEO, Craving for a Change Foundation
- Paula Tobon-Stevens, Executive Director, St. Vincent's House

### Objectives:

- Examine innovative, community-based programs responding to existing challenges within the health system
- Share program strategies improving health within Galveston County
- Describe the mindset, qualities and practices of health professionals leading transformative work

## 11:05 – 11:15 AM | Short Break

## 11:15 – 12:15 PM | Presentation

Amplifying Voices: Turning Up the Impact of Community Health

### Speaker:

- Ryan Brown, Vice President of Impact, It's Time Texas

### Objectives:

- Identify opportunities and strategies to amplify community voices
- Explore how companies and agencies in the communities can play roles
- Recognize who makes key decisions for your programs
- Examine strategies to amplify the role of community members

## 12:15 – 1:30 PM | Lunch Break

## 1:30 – 2:00 PM | Community Social

Join breakout rooms for discussions with other attendees around the content of sessions

## 2:00 – 3:00 PM | It's Time Texas Open House

