



**JANUARY 6
THROUGH MARCH 1**



2020

BECAUSE HEALTH IMPACTS EVERYTHING

**THE IT'S TIME TEXAS COMMUNITY CHALLENGE
IS MORE THAN A COMPETITION.**

It's a movement of people all across Texas, working alongside each other to transform their health. It's about sharing ideas, encouragement, and inspiration. It's about pushing each other past hurdles and getting stronger with every step. For your family. For your community. For your health.

JOIN THE FREE, 8-WEEK CHALLENGE AT ITTCOMMUNITYCHALLENGE.COM



**MAKE
THE
COMMITMENT**

It's free and easy to sign up at ittcommunitychallenge.com



**TRACK
YOUR
ACTIVITIES**

Submit healthy actions to earn points for your community and prizes for yourself



**FOLLOW
THE
COMPETITION**

Check your inbox for prize giveaways, community rankings, stories and inspiration



**SHARE
THE
JOURNEY**

Use #communitychallenge to connect on social media and encourage others to get involved

CASH PRIZES FOR WINNING COMMUNITIES & SCHOOL DISTRICTS!



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program -- SNAP. To receive assistance purchasing healthy foods, sign up for SNAP benefits at yourtexasbenefits.com.